



TOPPERS HUB
ACADEMY

DEFENCE CAREERS

NDA & Defence

Foundation Guide

A free study resource by **Toppers Hub Academy**

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About the Exam

- NDA is conducted by UPSC for entry into the armed forces.
- Written exam has Mathematics and a General Ability Test.
- GAT covers English and General Knowledge.
- Written is followed by the SSB interview.

What to Study

- Maths: algebra, trigonometry, calculus, statistics.
- English: grammar, vocabulary and comprehension.
- GK: physics, chemistry, history, geography, current affairs.
- Build strong Class 11 and 12 fundamentals.

SSB & Fitness

- SSB tests officer-like qualities over several days.
- Psychological tests, group tasks and personal interview.
- Maintain physical fitness and stamina daily.
- Confidence, honesty and clarity matter most.

Preparing for defence entry? Talk to our mentors.

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